

REPORT OF:	Head of Health and Wellbeing
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TO:	OVERVIEW & SCRUTINY COMMITTEE
DATE:	7 December 2017

WARD (S) AFFECTED:	ALL
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SUBJECT:	DEMENTIA SERVICES IN THE BOROUGH
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RECOMMENDATIONS:

- (i) That the Overview and Scrutiny Committee note the report.

SUMMARY:

This is a report to the Overview and Scrutiny Committee concerning the Council's support for dementia sufferers within the borough. This report was requested by the Overview and Scrutiny Committee at the 13 June meeting of the Committee. A request for additional information was made prior to the 12 October meeting of the Committee, and the item was thus deferred to this meeting for additional consideration. A detailed report containing an overview of the support provided by, and in partnership with, the Council is attached as Annex 1.

CONTEXT:

1. At the meeting of the Overview and Scrutiny Committee on 13 June 2017, the Committee received a report on the Council's progress on its 5 Year Plan within 2016/17. At this meeting, the Committee requested that a report be provided to the Committee at a forthcoming meeting on the Council's support for dementia sufferers. This item was therefore scheduled for consideration by the Committee at its 12 October 2017 meeting.
2. Prior to the meeting of the Overview and Scrutiny Committee on 12 October 2017, requests were made for additional information with regard to the areas addressed in the report. To allow time for this additional information to be provided, the report was withdrawn for further consideration, and rescheduled to the 7 December meeting of the Committee.
3. Pursuant to these requests, the attached report (Annex 1) sets out the current dementia services that Reigate and Banstead Borough council operates and the other local specialist providers that the council supports.
4. There is no statutory obligation for the authority to provide and operate services for people with Dementia.
5. However, as part of its 5 Year Plan, the Council aims to support all its residents to enjoy healthy and happy lifestyles. This is the 'People' pillar of the 5 Year Plan's three key pillars: People, Place and Organisation.
6. One of the Council's priorities within the plan is to work with and support its partners to provide great services for older people to help them stay independent. The attached report in Annex 1 outlines the number of ways in which the Council currently implements this plan.

7. The Alzheimer's Society withdrew its funding from all its Surrey local services in 2017, and in order to try and address this, Local Dementia Alliances and an East Surrey Dementia Working Group were established to consider the gaps in service and continue developing projects as required based on need.
8. The Dementia Alliances will look at the local need and form partnerships to enable and secure funding where required. There will be officer representation on the Alliances to ensure that the Council is informed and can provide support and guidance.

Background Papers:

For more information on the dementia support services referenced in Annex 1, please see the accompanying address links to the organisations' websites.

The Council's 5 Year Plan is available on the Reigate and Banstead Council website at the following address: http://www.reigate-banstead.gov.uk/info/20205/plans_and_policies/280/our_5_year_plan

Reigate and Banstead Dementia services

Over the last four years, the PPPF funding has enabled Ageing Well & Dementia projects to be established, these continue to be operated by external providers. Following the withdrawal of The Alzheimer's Society funding from all its Surrey local services in 2017, local Dementia Alliances and an East Surrey Dementia Working Group have been established to look at the gaps in service and to try and continue developing projects as required based on need.

Services currently available from the council

- ❖ **The monthly Dementia Café** held is at The Banstead Community Centre, run by volunteers is accessible to all including families and carers. Meet and greet with a monthly speaker on a topic or local interest group. The café was relocated back to the centre in 2017, with the support of two borough councillors and £440 of PPPF funding from the council. The cost of the room is £120 for two hours, recently reduced by Staywell to £99 for the purpose of growing and developing the café. Staywell promote the café within the centre and also externally via other local partners e.g. Age Concern, Live at Home and our own Development workers.
- ❖ **The Wellbeing Prescription Service** – receives referrals from GP patients with early onset Dementia, the Wellbeing Advisors would refer a patient onto the community centres if suitable, a Dementia Navigator or a local dementia group where available.
- ❖ **Men in Shed's** projects welcomes members with early onset Dementia
- ❖ **Dementia Friendly Cinema Screenings** at The Harlequin Theatre, accessible for those suffering with Dementia, their families and carers. A fun and inclusive monthly experience to enable people living with dementia to attend the cinema in a safe and welcoming environment. Dementia Friendly Screenings are enhanced to suit the needs of people living with dementia: the lights are left on low, there are no adverts or trailers and the audience can move around or even sing along. For half an hour before the film free tea, coffee and biscuit are available so people can meet and socialise with others as well as familiarising themselves with the cinema. A representative from The Alzheimer's Society will be present for people to speak to if they wish. £4.00 per person, with accompanying carers going free. The November screening had 18 people attend and a group from a local care home.
- ❖ **Dementia Friendly Training** for all staff, currently we have 220 council staff trained. It is hoped to get all staff and members trained with key community facing staff will receive additional Dementia Champion training.
- ❖ **Dementia swimming sessions** – agreement with GLL to run these in all centres

We will continue to support and work with the following local experts and providers with signposting, referrals and networking:

Across the borough, services range from activity clubs based in church halls, tea clubs and Dementia Cafes. Most of the support is focussed in Banstead, Redhill and Reigate, with Horley having very limited options. The services support those with Dementia and their carers, e.g. activity for the sufferer ranging from an hour to a morning giving the carer respite.

- ❖ **Dementia Navigator** provides information, guidance and a support pathway to help you live well, whether you have dementia or are caring for someone with dementia. They'll make sure they fully understand your unique needs and circumstances so you get the right information and support for you. You can self-refer or be referred by a GP or family member. Support is put in place for 6 weeks. There are currently two Dementia Navigators operating in our borough covering the North and South.
- ❖ **Sunrise Senior Living and Ridgemount Anchor Care Home** in Banstead offer specialist dementia support for their residents, e.g. weekly Dance for 50+ with Parkinson's and Dementia – An adapted session with a range of activities to enable movement and dance.
- ❖ **'Live at home' based in Redhill, Horley and Merstham** offer day care support, friendship, day trips and holidays. They also operate a **Dementia Café** at Silvermere in Redhill. Live at Home support people with early onset dementia until they need 121 care. At this point relatives are contacted and other options are looked at, e.g. day care or a specialist care home. Reigate and Banstead Borough Council and Adult Social Care are currently assisting Live at homes' expansion into the Tadworth/Tattenhams area of the borough.
- ❖ **Age Concern, Banstead and Merstham, Redhill and Reigate** Provide low level support for older people with dementia, e.g. befriending and side by side they would refer onto the Dementia Navigators.
- ❖ **Anchor Homes** Operate a Dementia café and activity afternoon at Barnfield in Horley.
- ❖ **Home Instead & The Good Care Group** run a memory café, at the Reigate Baptist church, once a month from 10.30 – 12.00 for people with Dementia and their carers.
- ❖ **The Orchard Centre - Epsom**
Run a series of day activities for people with Alzheimer's and other forms of dementia. 7 days a week. Covers referrals from Banstead, Nork, Woodmansterne, Chipstead, Tattenham Corner, Burgh Heath, Tadworth, Kingswood, Hooley and Walton-on-the-Hill. Transport offered to Banstead only. Charge is £10.00 ph. activities are centre-based.

Borough Day care and funded services

The only dementia day care servicing our borough, The Byre in Bletchingley, offers specialist day care and support for a maximum of 15 people per day giving those the opportunity to pursue their hobbies and interests outside of their home and the carers much needed respite. Current opening hours Monday to Friday from 10am to 4pm.

Following a short closure, The Byre has re-opened as a new charity called 'Dementia First' and continues to offer valuable day care services to residents from Tandridge and Reigate and Banstead.

Pathway for Care – provides home support for people with Dementia, and additional technical support via monitoring equipment, ranging from discreet wrist devices, plug in monitors and sensors that can be used around the home. All the data collected can be viewed on a tablet for a carer or linked to a family member's device anywhere off site.

Dementia alliances

Formed in 2010 as part of the National Dementia Declaration, local Dementia Alliances have been established, to take forward new ideas, training for communities, create dementia friendly towns and provide support for local residents living with Dementia. They will link up with all the local providers and Dementia Navigators.

http://www.dementiaaction.org.uk/who_we_are

Carer support has also changed this year, from local support to a county wide offer contracted out by SCC, now operated by Action for Carers. This has raised some concerns with older people and dementia support as resources have been notably affected.

Reigate and Banstead Dementia Alliance Groups

We have 3 Alliances in our borough detailed below, all established at different times within the last year.

- ❖ **Merstham Action Alliance**, established a year ago in line with the regeneration plans, run by Tracey Burrows, RBBC Development worker.
Progress to date: Currently working with the community Action Group to get local organisations signed up.
http://www.dementiaaction.org.uk/local_alliances/23563_merstham_dementia_action_alliance

- ❖ **Redhill and Reigate Action Alliance**, established a year ago, run by Apruva Sharma,
Progress to date: Actively engaging with local business to sign them up and running weekly Dementia exercise sessions at the Holy Trinity Church in Redhill 11.45-12.30
http://www.dementiaaction.org.uk/local_alliances/22304_reigate_redhill_dementia_action_alliance

- ❖ **Banstead Action Alliance**, established 2 years ago, run by Sue Martin, Director at Sunrise Senior Living.
Progress to date: The main priority of the Banstead Alliance is to make Banstead High Street dementia friendly. Actively working with Surrey Police, Surrey Fire & Rescue Services, Age Concern, Staywell, local solicitors, churches etc to spread the word. A small first step for these organisations and businesses is to try and get their employees to become Dementia Friends. One of our actions is to make at least one person in every office, shop and premise in the High Street a Dementia Friend.

Tadworth Leisure Centre and Waitrose have recently joined the Alliance. Waitrose Head Office want the Banstead store to become a flagship for dementia as they recognise the high numbers of population in the area affected by some form of dementia. They want their staff to be able to recognise and act accordingly.

There are also five local churches signed up to the initiative.

- ❖ http://www.dementiaaction.org.uk/south_east/16675_banstead_dementia_action_alliance

Staywell contract remit

- ❖ To support people living with the early onset dementia within the community centre setting. It must be noted that the centres are for the active elderly and they are not Dementia care facilities with trained Dementia care staff.
- ❖ It is hoped that a Dementia outreach support service will be established across the 3 centres for residents in our borough living with Dementia.

Their ambition is to create a physical and social environment across all three centres designed to achieve the following outcomes:

- ❖ For people with early onset dementia - promoting users' abilities and independence, respect and dignity in an inclusive environment with a strong sense of place. Those with early on-set dementia are welcomed and accommodated within the weekly activity schedule.
- ❖ For family/carers/friends - a relaxing and positive environment to encourage their involvement in the care of the person with dementia, and provide opportunities for respite for carers themselves within an un-stigmatised setting.

Staywell update:

- ❖ Increasingly in contact with people experiencing memory loss, confusion and dementia, both pre and post diagnosis, and we are always looking to improve the ways in which we work with people living with dementia and their families
- ❖ Staywell sits on the Health Partnership Delivery Group of Reigate & Banstead council and actively leading on the priority of Dementia.
- ❖ The majority of our staff in Reigate & Banstead centres have received Dementia Friends training from our Kingston Coordinator. In the next six months we will ensure that at least one member of staff completes the Dementia Champion training. Ongoing training will be given to operational staff.
- ❖ Actively support people with dementia, confusion or memory loss in the community centres.
- ❖ We will establish a dementia café/club at Horley and Woodhatch within the next 12 months.
- ❖ Continue to work with University of Stirling's Dementia Services Development Centre, and have three (Kingston-based) staff members who are trained to facilitate Best Practice in Dementia Care training

East Surrey CCG - Dementia Workgroup

The purpose of the group is to facilitate collaborative working across East Surrey partners and providers, including social, primary, secondary and community care and the voluntary sector to inform commissioning and pathway development and also ensure that optimal timely care and support is provided for people living with dementia and their carers that is appropriate to need

Objectives

- To strengthen the dementia pathway across primary, secondary, community, social and voluntary care organisations
- To identify gaps in services and areas of duplication to ensure appropriate resourcing and efficiencies through effective commissioning

- To align the provider and commissioner dementia strategies across E. Surrey
- To ensure East Surrey residents have equitable access to timely diagnosis and high quality care and support that is appropriate to individual need
- To identify and promote tools that facilitates timely diagnosis across providers.

Online support is growing and includes the following:

<https://www.playlistforlife.org.uk/>

<http://www.dementiacare.org.uk>

<http://www.alzheimers.org.uk/>

<http://www.housingcare.org/service/ser-info-10669-admiral-nursin.aspx>

Care Homes in Reigate

There are a number of private care home across the borough, examples:

https://www.carehome.co.uk/care_search_results.cfm/searchtown/Reigate/searchctype/alzheimers-and-dementia

Other medical providers:

- ❖ First Community Health and Care offer support for Dementia following a medical diagnosis

Delivery of Dementia services locally is a specialist area with professionals and organisations available within the borough and East Surrey to support those in need. Reigate and Banstead Borough Council supports and meets all the relevant partners and regularly signposts individuals to those relevant services. It would not, however be appropriate or possible for the council at this time to deliver these services directly.